

Fall 2016 Child Care Training

A special community service provided by the Florissant Valley Family and Consumer Sciences Department and Continuing Education.

Funded in part by the Missouri Department of Elementary and Secondary Education.

Caring for Kids

Child Care Training Locations

- St. Louis Community College Florissant Valley
3400 Pershall Road, 63135
- St. Louis Community College South County Education & University Center
4115 Meramec Bottom Road, 63129
- St. Louis Community College Forest Park
5600 Oakland Ave, 63110
- Hixson Middle School
630 South Elm Ave, 63119
- St. Louis Community College Meramec
11333 Big Bend Road, 63122
- Lindbergh Senior High School
4900 South Lindbergh, 63126



St. Louis Community College
Continuing Education

*For more information,
call Bonnie Shiller at 314-513-4391.
To register, call 314-984-7777.*

Discipline for Young Children

Learning to manage behavior with groups of children is always a challenge. You will learn techniques to diminish targeted behaviors and promote positive peer interactions.

CCPR:702 | \$19

550 Th 7pm-9pm
Sept. 29

650 W 7pm-9pm
Nov. 30

Geraldine Jasper

FV - CDC, 110

Geraldine Jasper

Hixson Mid. School, 117

Parachutes, Streamers, and More: Fun Movement Activities for Young Children

Experience new, fun movement activities that you can incorporate into your daily schedule.

CCPR:703 | \$19

550 Th 7pm-9pm
Oct. 6

FV - CDC, 110

Messing About with Purpose

This hands-on session assists childcare providers with planning and implementing multisensory learning activities across curricular areas that support child development. Participant will use provided materials to create and manipulate various messy mediums.

CCPR:703 | \$19

650 W 7pm-9pm
Sept. 21

Latonya Brown

MC - SO, 109

How to Use Music and Movement Outside of Group Time: You Can Make a Song Out of Anything

Songs and movements make transitions fun and help children tune in when they appear to be tuned out. Even if you can't sing you can make a song out of anything.

CCPR:708 | \$19

450 W 7pm-9pm
Oct. 19

Rose Anderson-Rice

FP - G Tower, 121

550 Th 7pm-9pm
Dec. 15

Rose Anderson-Rice

FV - CDC, 110

New Math for Early Learners: Preschool

This workshop makes math instruction as simple as 1-2-3! Early childhood educators explore innovative ideas and hands-on teaching techniques that support the Missouri Early Learning Goals for Math, including number recognition, counting, measurement plus more! *This workshop is at The Magic House, St. Louis Children's Museum 516 S. Kirkwood Road, St. Louis, MO 63122, in The Whitaker Theater, located on the upper level. Please note: As with all of our workshops, this session is for adult learners. Children not permitted.*

CCPR:709 | \$19

MD1 Tu 7pm-9pm
Sept. 27

The Magic House

Safe Sleep Practices

This workshop is required for every child care provider in the state of Missouri! In addition, this session is for everyone who puts a child to sleep (parents, grandparents, babysitters). Following the American Academy of Pediatrics and National Institutes of Health guidelines, you will learn the definitions, practices and guidelines for keeping very young children safe for sleep. You will explore safe sleep positions, environments, materials, SIDS and the risks that infants face at home and at child care.

CCPR:711 | \$19

550 Th 7pm-9pm
Oct. 27

Jasmin Marshall

FV - CDC, 110

Discipline for Toddler and Two's

Do you think of "Terrible Toddlers and Two's" or "Terrific Toddlers and Two's"? Knowing how to manage this age group and understanding their development will get you thinking "Terrific Toddlers and Two's!" You will explore many positive ways to work with this age group.

CCPR:702 | \$19

651 W 7pm-9pm
Dec. 7

Geraldine Jasper

Hixson Mid. School, 117

New Helping Children Learn Self-Help Skills

"I want to do it by myself!" Self-help skills are critical for a young child's sense of confidence and independence. Young children want to do things by themselves, and in this workshop, you will learn which skills are appropriate for ages 2-5 years of age. You will also learn how to facilitate children's learning as they acquire these skills.

CCPR:712 | \$19

550 Th 7pm-9pm
Oct. 20

Sally Brooks

FV - CDC, 110

Quality School-age Programming

What does a good SAC program look like? What is my role with children/youth development? How can I maintain relationships with families? These and other questions will be explored at this interactive workshop.

CCPR:713 | \$19

770 M 7pm-9pm
Dec. 12

Gloria Hampton

Hixson Mid. School, 117

Language Development: Phonological Awareness and Alphabetic Knowledge

Discussion of language development in pre-school years. Provides specific tools to encourage phonological awareness and alphabetical knowledge. Co-sponsored by St. Louis Learning Disabilities Association.

CCPR:718 | \$19

770 W 7pm-9pm
Oct. 5

Hixson Mid. School, 117

Fun with Books: Making a Story Time Bag

Create activities to put into your new, free story time bag. Easy to find, inexpensive ideas will be shared to help you expand your story time activities and strengthen early literacy.

CCPR:718 | \$19

780 W 7pm-9pm
Nov. 16

Sally Brooks

Lindbergh H.S., 46

Asking Questions... Encouraging Children's Thinking

Learn many techniques for asking questions in your everyday activities with children throughout all the learning areas: blocks, dramatic play, books, science and others. Encourage critical thinking, creativity and problem-solving by asking questions.

CCPR:721 | \$19

650 W 7pm-9pm
Oct. 26

Geraldine Jasper

MC - SS, 108

Understanding ADHD: Attention Deficit Hyperactivity Disorder - Birth Through Age Five

Characteristics of ADHD and how symptoms can affect each child in unique ways will be discussed. You will learn techniques for coping with behavior and receive resources for additional help. Co-sponsored by St. Louis Learning Disabilities Association, Inc.

CCPR:723 | \$19

450 W 7pm-9pm
Sept. 14

FP - G Tower, 121

650 M 7pm-9pm
Nov. 7

MC - BA, 116

551 Th 7pm-9pm
Dec. 1

FV - CDC, 110

Early Warning Signs of Learning Disabilities (Children Birth to Age 5)

Discussion of observable characteristics and behaviors that may suggest disabilities, delays or potential learning problems, and the need for further assessment/evaluation. The focus is on birth to age five. Co-sponsored by St. Louis Learning Disabilities Association, Inc.

CCPR:723 | \$19

451 Tu 7pm-9pm
Dec. 6

FP - G Tower, 119

Understanding Autism - Birth Through Age Five

Characteristics of autism spectrum disorder and how symptoms can affect each child in a unique way will be discussed. You will learn methods for working with these children and available community resources. Co-sponsored by St. Louis Learning Disabilities Association, Inc.

CCPR:723 | \$19

780 M 7pm-9pm
Oct. 17

Lindbergh H.S., 46

550 Th 7pm-9pm
Nov. 17

FV - CDC, 110

Planning Transitions to Prevent Challenging Behaviors

Transitions are the times in the day when children move or change from one activity to another. Challenging behavior is more likely to occur when transitions are not planned as part of the daily schedule. Through this workshop, you will gain a "transition tool kit" of ideas to make your transition times go more smoothly.

CCPR:724 | \$19

550 Th 7pm-9pm
Nov. 3

Victoria McReynolds

FV - CDC, 110

Surviving Naptime

Creative ways to make naptime a pleasant experience. Learn to make naptime a peaceful and relaxing experience for both children and adults. You'll discuss appropriate expectations.

CCPR:727 | \$19

450 Th 7pm-9pm
Nov. 10

Geraldine Jasper

FP - G Tower, 119

ATTENTION!

Bring Your State MOPD ID # to ALL Workshops.

The state is requiring the ID on the Sign-In Sheet for all clock-hour training.

To obtain or to look up your MOPD ID # go to www.openinitiative.org

Caring for Kids Program

St. Louis Community College offers a variety of workshops for those employed in the child care field or for those interested in learning more about working with children.

All clock hour training from St. Louis Community College has been approved by the Department of Health and Senior Services.

Register for the workshops now -- Don't wait!

For more information,
call 314-513-4391.

Attendance Training Policy: As a quality training program we are required by the Missouri Department of Health and Senior Services (DHSS) Section for Licensing and Child Care Regulation training to follow specific guidelines for our sessions. Therefore, workshops listed expect participants to arrive on time, be fully present during the session, adhere to break schedules, and attend the entire session. Any participant who does not adhere to these requirements will not receive a certificate or a refund.

To register call 314-984-7777.

Saturday Workshops for Child Care Providers

Saturday Full Day Programs

Six clock hours for each program

Sack lunch is provided.

New Quality Infant Toddler Practice

Session I: 9:00am - 12:00pm You will learn developmentally appropriate practice ideas for infant and toddler care. Topics include building relationships, knowing infants/toddlers and their families, creating a welcoming environment, promoting children's safety and health, and guiding children's behavior, as well as quality interactions through routines and daily activities.

Session II: 12:30pm - 3:30pm What makes the Infant/Toddler environment successful? How do you plan creative learning activities for this age group? Do you plan for outside, as well as inside, playtime?

CCPR:707 | \$49
580 Sa 9am-3:30pm
Nov. 19

STLCC Staff
FV - CDC, 112

Nature and Young Children

Morning Session: No Child Left Inside- Outdoor Play to Explore Nature and Science! Explore the natural world outside through new fun science activities you can integrate into your daily schedule. Help children wonder, explore, and discover with hands-on activities planned for the outdoors. Afternoon Session: Connecting with Nature- Gardening and Cooking with Children! Encourage healthy eating as you help children learn about fruits and vegetables and take produce from the garden to the table. Hands-on simple recipes, cooking activities and gardening tips will be shared. Our goal is to encourage children to learn to taste, eat and enjoy more fruits and vegetables. Box lunch included.

CCPR:710 | \$49
580 Sa 9am-3:30pm
Oct. 1

Geraldine Jasper
FV - CDC, 112

The Beautiful Brain: The First Three Years of Life

Back by popular demand! Do you know how the infant brain develops? The risk factors to healthy brain development? What caregivers and parents can do to encourage brain development? Examine hot topics in brain research and discover how to establish patterns for early learning. Please arrive at 8:30am to check-in. Box lunch included.

CCPR:712 | \$49
580 Sa 9am-3:30pm
Dec. 3

Jasmin Marshall
FV - CDC, 110

To register for Childcare Provider classes and programs call 314-984-7777.

Child Care Provider: Heartsaver Pediatric First Aid CPR AED

The Heartsaver Pediatric First Aid CPR AED course is designed to meet the regulatory requirements for child care workers in all fifty United States. It teaches child care providers to respond to and manage illnesses and injuries in a child or infant in the first few minutes until professional help arrives. It covers the four steps of first aid and first aid skills such as finding the problem, stopping bleeding, bandaging and using an epinephrine pen, as well as child CPR AED, infant CPR and optional modules in adult CPR AED, child mask, infant mask and Asthma Care Training for Child Care Providers. Registration one week prior to course start date is required. No transfers between sessions or refunds given within five business days of class date. Due to the nature of the course you must arrive on time. No admittance after stated start time.

Bring a lunch. No refund for late arrival. Attendance Training Policy: As a quality training program we are required by the DHSS Section for Licensing and Child Care Regulation training to follow specific guidelines for our sessions. Therefore, workshops listed expect participants to arrive on time, be fully present during the session, adhere to break schedules and attend the entire session. Any participant who does not adhere to these requirements will not receive a certificate or a refund. **For Child Care Providers ONLY. Child Care Providers needing Approved Clock Hours MUST enroll in this course.**

CCPR:711 | \$97
4D0 Sa 8:30am-4pm
Sept. 10 FP - G Tower, 121
4D1 Sa 8:30am-4pm
Dec. 17 FP - G Tower, 121
5D0 Sa 8:30am-4pm
Nov. 19 FV - TC, 105
6D0 Sa 8:30am-4pm
Oct. 15 MC - CE

Discipline and Guidance of Young Children

How do you redirect children's behavior? How do you promote positive peer interactions? How do you communicate with young children and build their self-esteem? Learn new things to do and say in guiding young children.

CCPR:702 | \$39
680 Sa 9am-1pm
Sept. 17 Geraldine Jasper
MC - SS, 108
581 Sa 9am-1pm
Nov. 12 Geraldine Jasper
FV - CDC, 112

New STEM in My Classroom: YES!

Come to learn how to incorporate Science, Technology, Engineering, and Math into your classroom! Co-sponsored by Ready Readers.

CCPR:709 | \$29
480 Sa 9am-12pm
Sept. 24 FP - G Tower, 119

New Provider Potpourri: Brain Injury in Early Childhood and Toddler Transition Tips

This special four hour training will cover two different topics. Session I: Brain Injuries in Early Childhood. This workshop will provide information on preventing, recognizing, and supporting brain injuries in your children ages birth through age five. Session II: Infant Toddler Transition Tips. Are you experiencing challenging behavior in transition times and routine tasks? Come learn new strategies to create teachable moments and plan smooth, meaningful and fun routines as part of your infant/toddler caregiving. Create a hands-on transitional tool for your classroom!

CCPR:765 | \$39
580 Sa 9am-1:15pm
Oct. 22 Amanda McNutt
FV - CDC, 112

New The Ready Readers Gift Books and Your Curriculum

You will receive children's books which will help you incorporate literacy into your curriculum. Co-sponsored by Ready Readers.

CCPR:718 | \$29
680 Sa 9am-12pm
Nov. 5 MC - SO, 108

Supervision and Safety in an Early Childhood Facility

A review of techniques to make supervision and safety a high priority in every childcare facility.

CCPR:702 | \$39
580 Sa 9am-1pm
Oct. 29 Geraldine Jasper
FV - CDC, 112
681 Sa 9am-1pm
Dec. 10 Geraldine Jasper
MC - SO, 109

New Reducing the Effects of Toxic Stress Using Children's Literature

You will explore how to help children learn by reducing effects of toxic stress through the use of children's literature and mindfulness practice in the classroom. Co-sponsored by Ready Readers.

CCPR:718 | \$29
580 Sa 9am-12pm
Dec. 3 FV - CDC, 112

Saturday Half Day Programs

Non-Discrimination/Accommodations Statement

St. Louis Community College is committed to non-discrimination and equal opportunities in its admissions, educational programs, activities, and employment regardless of race, color, creed, religion, sex, sexual orientation, national origin, ancestry, age, disability, genetic information, or status as a disabled or Vietnam-era veteran, and shall take action necessary to ensure non-discrimination. Sexual harassment, including sexual violence, is also prohibited. For information or concerns related to discrimination or sexual harassment, contact Patricia Henderson of Human Resources, 314-539-5214.

If you have accommodation needs, please contact Ann Marie Schreiber, 314-984-7704, at least six weeks prior to the class or event.

**Mail**

Complete the registration form (below) and mail with check (*payable to St. Louis Community College*) to:

STLCC Continuing Education, 3221 McKelvey Road, Suite 250, Bridgeton, MO 63044

Students who register by mail should assume they are registered unless otherwise notified. A registration confirmation is mailed to students who register by mail; however, the confirmation may not be received prior to the beginning of the class. If you have enrollment questions, please call Continuing Education: 314-984-7777.

**In Person at STLCC Continuing Education Offices M-F 8:30 am - 4 pm****Meramec**

802 Couch Avenue
St. Louis, MO 63122

Florissant Valley

At the Center for Workforce Innovation
3400 Pershall Rd., Ferguson, MO 63135

Forest Park

Forest Park, G Tower-320-322
5600 Oakland Ave., St. Louis, MO 63110

You may want to first call the Continuing Education office at 314-984-7777, to check that openings exist.

**By Phone**

Call to complete your registration by charging fees to MasterCard, Visa, American Express or Discover.

Telephone: 314-984-7777

Call Center Hours: M-Th 8:30 am - 7:30 pm; Fridays 8:30 am-4 pm

Before calling to register, have this information ready:

1. Course Title / Course Code (letter prefix with number) / Section Number

2. Student Contact Info (name / address / phone number /email)

3. Student Number/UIN Number
4. Credit Card Number with Expiration Date

Mail-In Registration form Please print in ink.

Please register me for the following courses:

Course Code	Section	Course Title	Day/Time	Fees
Total				

Male Female

Senior Citizen?

Yes No

Check Payment:

Please make checks payable to St. Louis Community College, and mail with form (address above).

Credit Card Payment:

Charge fees to:

- MasterCard
- VISA
- Discover
- American Express

Email Address: _____

Student#/UIN: _____ Birthdate: _____

Name: _____
LAST FIRST MIDDLE INITIAL

Address: _____
STREET OR POST OFFICE BOX

_____ CITY STATE ZIP CODE

Telephone/Home: _____ Work: _____

_____ CARD NUMBER Expiration Date: _____

Signature: _____

Mail-In Registration form Please print in ink.

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Please make checks payable to St. Louis Community College, and mail with form (address above).

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- MasterCard
- VISA
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- American Express

Email Address: _____

Student#/UIN: _____ Birthdate: _____

Name: _____
LAST FIRST MIDDLE INITIAL

Address: _____
STREET OR POST OFFICE BOX

_____ CITY STATE ZIP CODE

Telephone/Home: _____ Work: _____

_____ CARD NUMBER Expiration Date: _____

Signature: _____